

School evaluation Fruit + Veg 2010

This form is to be completed by the Fruit + Veg contact

***Reminder: Please attach your completed school evaluation tool.**

Name of School: _____

Your name: _____

Position: _____

1. Please tick the appropriate box regarding your school's policies in the following areas.

Policy	Not currently existing in our school	In place before Fruit + Veg Program	Put in place after Fruit + Veg Program	In the process of developing	Not relevant
Encourages student consumption of water					
Encourages student consumption of fruits/vegetables.					
Encourages the sale of fruits/vegetables in the canteen					
Encourages staff to role model healthy eating behaviours					

Program Implementation

2. How did you implement the Fruit + Veg Program in your school? Please tick.

- Activities across the term
- Activities only during Fruit + Veg Week
- Integrated unit
- Mini unit
- Other (Please indicate) _____

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3. Please add your student numbers in the appropriate columns.

	Prep	1	2	3	4	5	6
How many students was the 2010 Fruit + Veg Program taught to?							

4. Please place a tick ✓ in the appropriate columns.

	Prep	1	2	3	4	5	6
Which classes (if any) took part in practical cooking activities during Fruit + Veg Week?							
How many classes (if any) currently have a scheduled fruit/vegetable break in class time?							
How many classes (if any) currently have access to water in class time?							

5. Which (if any) of the following is true for your school? As a result of the Fruit + Veg Program, our school

Introduced permanent timeslots for eating fruit/vegetables	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Permitted the consumption of water within the classroom	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Involved students in cooking and food preparation	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Used recipes from the Fruit + Veg 'Teachers manual' or 'Recipes for kids' brochure	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Referred staff/parents to the 'Food safety during Fruit + Veg Week' booklet	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Conducted healthy eating days/lunches/breakfasts	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Involved parents/carers in Fruit +Veg Week	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Planted a school vegetable/herb garden	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Reviewed our canteen menu to include more fruit/vegetable options	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Made use of lessons and activities from the Fruit + Veg 'Teacher's manual'	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Provided opportunities for students to taste various fruit/vegetables	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Held parent information sessions and/or cooking workshops	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Used the parent newsletter inserts provided in the Fruit + Veg 'Teachers' manual'	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Provided staff with professional development related to health and nutrition	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other (please provide details)		

Home Economics Victoria's Fruit +Veg Program is a partner program of Kids - 'Go for your life', which is managed by The Cancer Council Victoria and Diabetes Australia – Vic

Please turn page

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6. Based upon your observations, student's attitudes to fruits and vegetables during Fruit + Veg Week were (please tick the most appropriate):

- Better than normal
- Unchanged
- Worse than normal
- Varied amongst the student population

7. Did your school link in with the local fruit and vegetable retailer? Yes No
(If yes, please provide details about this involvement)

8. Is your school likely to continue a **permanent** relationship with the local fruit and vegetable retailer?
 Yes No

9. Which (if any) of the following local government services did your school access for the Fruit + Veg Program? Please tick the appropriate boxes.

- | | |
|---------------------------------------|--|
| Dietitian | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Health Promotion Officer | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Arts and Culture Coordinator | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Community Nurse | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Environmental Health Officer | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Media and Communications Manager | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Kids – 'Go for your life' Coordinator | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Community Grants Coordinator | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Other (please provide details) | |

10. Is your school likely to continue a **permanent** relationship with the local government? Yes No

11. Did your school run any extra curricular activities related to fruit/vegetables? Yes No

If yes, please provide details: _____

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12. Were there any **other** healthy eating initiatives which resulted from your school’s involvement with the Fruit + Veg Program? Yes No

If yes, please provide details:

13. Which factors would you rate as being the most important when implementing the Fruit + Veg Program? Please rate from 1- 6 (1= most important, 6= least important)

- Support from administration and the wider school community.
- Time to attend the professional development workshop.
- Being able to fit the program in around other school commitments
- Access to teaching resources and student activity sheets.
- Support and assistance from parents, health workers and retailers.
- Other (please provide details)

14. What do you consider to be the most important factors to increase the consumption of fruit/vegetables amongst the students at your school? Please rate from 1- 6 (1= most important, 6= least important)

- Parental support
- Taste
- Short cooking and/or preparation time
- Knowledge of health properties
- Access to fruit and vegetables
- Other (please provide details)

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- 15** What would you and your school need in the future to continue to support children eating fruit and vegetables as part of a healthy diet?

Have you attached your school Fruit + Veg school evaluation tool?

Thank you for your time.